



SUBSTANCE ABUSE TREATMENT RESOURCES

University of Maryland Treatment Sites:

- 1) Alcohol & Drug Abuse Program (ADAP)** **(443) 462 - 3400**
 - Substance abuse counseling - individual/group therapy
 - Can help patients get on methadone or buprenorphine
 - Takes: Medicare, uninsured Baltimore City residents, Primary Adult Care (PAC)1001 W. Pratt St., 21223

- 2) Outpatient Addiction Treatment Services (OATS)** **(410) 328 - 6600**
 - Substance abuse counseling – individual/group therapy; Acupuncture
 - Can help patients get on methadone or buprenorphine
 - Takes: Medical Assistance, Medicare (w/ Medical Assistance), some Commercial Insurances, **NOT PAC**701 W. Pratt St, 21201

- 3) University of Maryland Drug Treatment Program (Methadone maintenance)** **(410) 837 - 3313**
 - Methadone treatment w/ outpatient counseling - individual/group therapy
 - Takes: Medical Assistance, Medicare, Commercial Insurances, PAC630 W. Fayette St, 21201

- 4) Comprehensive Recovery Program (CRP)** **(410) 328 - 5219**
 - 6 month extended **methadone** detox program
 - Individual/group therapy, Case management
 - Takes: Medical Assistance, Medicare, uninsured patients, **NOT PAC**701 W. Pratt St, 21201

- 5) Harambee Adolescent Treatment Center** **(410) 706 - 4597**
 - Adolescent substance abuse counseling- individual/group therapy630 W. Fayette St, 21201

For UMMC and UMB employees:

- 6) University of Maryland Employee Assistance Program** **(410) 328 – 5860**
 - Free and confidential counseling for patients and their families
 - Assistance with treatment referrals419 W. Redwood St., Ste 560

Other Baltimore City Referrals:

- 1) Baltimore Substance Abuse System (bSAS)** www.bsasinc.org **(410) 637 - 1900**
 - Offers general referrals for all Baltimore City residents and can assist in finding programs that will work with all types of insurance
 - Services include prevention, intervention, treatment, and recovery programs delivered in outpatient, residential, and medically assisted treatment

- 2) Tuerk House** **(410) 233 - 0684**
 - Inpatient Rehab - 3-4 weeks
 - Outpatient individual/ group therapy/ Residential treatment
 - Opioid detox
 - Alcohol/Sedative detox (Baltimore County patients)730 Ashburton St, 21216

Maryland Resources:

- 1) Alcohol & Drug Abuse Administration Md.** www.maryland-adaa.org/resource/ **(410) 402 - 8600**
 - Online Resource Directory provides information on inpatient and outpatient treatment programs throughout Maryland and the insurance providers those programs will accept

Acute Detoxification:

- 1) **Center for Addiction Medicine (CAM)** (410) 225 - 8240
 - Inpatient/ Outpatient detox (outpatient detox: \$260 self-pay)
 - Takes Commercial Insurance, Medical Assistance, Medicare (PAC for counseling, methadone treatment)
 - Also offers buprenorphine/methadone treatment and counseling
- 2) **Johns Hopkins Bayview- Chemical Dependency Unit** (410) 550 - 1908
 - Inpatient detox
 - Takes Insured and Uninsured
- 3) **Baltimore Crisis Response Inc (BCRI)** (410) 433 - 5175
 - Takes Uninsured
 - Inpatient detox and Crisis psychiatric care
- 4) **Baltimore Cares** (410) 233 - 3111
 - Outpatient detox

Other Useful Treatment Resources

Maryland Smoking Cessation	www.smokingstopshere.com	(800) QUIT - NOW
Alcoholics Anonymous	www.aa.org	(410) 663 - 1922
Al-Anon/Al-Ateen	www.al-anon.alateen.org	(410) 832 - 7094
Smart Recovery	www.smartrecovery.org	(410) 336 - 4636

Have a patient who is ready to seek treatment? Treatment resources vary greatly based on patient's insurance provider. Follow the guide below to determine the best option.

Uninsured

- Uninsured Baltimore City residents are eligible for substance abuse treatment through **University of Maryland's ADAP and OATS (depending on income)**.
- Uninsured patients can also contact **Baltimore Substance Abuse System (bSAS)**. BSAS staff will look for grant funding and other means to cover individuals who want to enter treatment.

Medical Assistance (MA)

- Patients with Medical Assistance are eligible for most substance abuse inpatient and outpatient treatment programs in Maryland.
- Contact **Baltimore Substance Abuse System (bSAS)** to assist with referral.
- Visit the **Alcohol & Drug Abuse Administration (ADAA) Resource Directory** to find specific types of treatment programs in different geographic areas in Maryland.

Medicare

- The co-pay for substance abuse treatment with Medicare can be very high (often 50% of cost).
- If patients are unable to pay the large co-pay, contact **Baltimore Substance Abuse System**, which can assist patients with referral options for the under-insured.
- **University of Maryland's ADAP and OATS** will also accept patients with Medicare (may depend on income).

Private Insurance

- Call the insurance company's customer service number on the back of the card to find out which providers are in network (there is often a separate number for substance abuse/mental health).
- If there is a large co-pay, patients can call **Baltimore Substance Abuse System** to see if there are other low cost options.